

## **Introduction**

Animals are often our dearest and most loyal companions in life. We honor animals in great works of art, music, literature and film. Our children's first words include 'doggie' as they reach out in excitement to touch a passing dog. Their first toys are stuffed animals and their first books are animal adventure stories. Childhoods are enhanced by our animals' presence and our adult lives calmed by their playful behavior and the joy they exhibit when we come home to them at the end of the day.

Animal beauty and essence are conveyed by artistic masters who orchestrate deep emotional responses from behind the canvas, speaking directly to the human soul through color, form and symbolism.

Animals provide us an opportunity to look more closely at ourselves as they mirror our emotional states and issues. Their pure love assists us on our evolutionary path as they help us uncover our true nature and our influence helps them on theirs. Together we are on the same journey.

## **What is Color Harmonics?**

People have been drawn to color light therapy as a healing modality since antiquity, but only now, through extensive research, has science provided the theory and evidence to explain why and how it works. Color light beams are actually packets of energy that carry information from the sun and have an electromagnetic effect on the body. Our skin acts like a two-way antenna, an interface between ourselves and the environment. It absorbs the information that light carries and processes it as a form of bio-communication. This is necessary for the body to function properly.

Color harmonics is an advanced form of color therapy. It is the art of using color light to stimulate one's innate ability to self-heal, maintain well being and repair imbalances. Health and well being can be enhanced by alternating the colors that surround us because each color of the visible light spectrum is a form of nutrition that feeds the body. Color harmonics enhances most holistic, integrative and conventional therapies. It supports people and animals alike by enhancing health and anti-aging regimes.

**Excerpt from Color Therapy for Animals**

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